

Everyday Green \$10

Appetite Control+Reduces Blood Pressure+Antioxidant, Hydration
Collards, Cucumber, Celery, Apple, Pear- 13.5 oz

Light Green 10

High in Folic Acid & Vit. C & Vit. A, Hair, Skin, Nails
Pear, Parsley, Romain, Cucumber-13.5 oz

Roots 10

High in Folic Acid & Vit. C+Hydration
Carrot, Pineapple, Ginger - 13.5 oz

Lemon-Aide 6

Promotes blood flow and Circulation+Weight Loss
Spring Water, Lemon, Agave, Cayenne- 13.5 oz

Golden Mylk 6

Promotes blood flow and Circulation, Reduces Inflammation
Almonds, Spring Water, Turmeric, Spices, Agave - 8 oz

JUICE PLANS

Starter Cleanse- \$40

(Combination of each juice listed for a total of 5)

3 Day Cleanse- \$150

(combination of each juice listed for a total of 15 juices over 3 days)

7 Day Cleanse - \$275

(combination of each juice listed for a total of 45 juices over 7 days)

Our Mission & Purpose

True Provisions seeks to provide cold-pressed juice as a healthy option to combat illness and dis-ease.

Consuming cold-pressed fruit & vegetable juice reduces the stress on the digestive system that occurs when breaking down food.

When consumed regularly, the properties found in cold-pressed juice, cleanses the liver and bloodstream, which allows the body to begin its natural detox process.

Order Weekly @ trueprovisions.org & Choose Delivery options at Checkout

***Minimum \$25 order for SHIPPING & DELIVERY**

***Local delivery \$7.00**

Outside of Mobile, AL \$25 USPS Priority Shipping

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1 Corinthians 10:31